

# How can I help my child get ready for Kindergarten?

## Read Alouds

- Read every day to your child. Children need to hear fluent readers. It helps them develop their own fluency, intonation, and vocabulary.
- Read with enthusiasm: Studies have shown that students develop their attention span when listening to a reader who reads with animation and energy.
- Choose books from different genres. Exposing your child to different types of stories help him/her to distinguish between fictional and non-fictional stories.
- Predict what will happen next while reading with your child. Prediction is powerful tool as a child learns to read, it expands their imagination and helps them develop a sense of what a story is and how it works.
- Retelling: Having your child retell you the story helps them learn how to sequence and recognize main events in a story.

## Experiences

- Day trips to museums, parks, and cultural experiences help children build their vocabulary. Experiencing new places and things helps children learn to share what they've seen with others. This helps expand their vocabulary and sentence fluency.

## Memory Practice

- Play memory games like Concentration. Memory is an important part of learning to read and write.
- Singing songs and reciting poems and nursery rhymes is another way to help children improve their memory. It also helps in developing their rhythm.

## Following Directions

- Give your child 2-3 directions to follow at home. Have your child repeat back the directions. Then, have him/her follow the directions in a timely manner.
- If your child has a problem following directions, break down the directions to smaller steps.

## Pacing

- Pacing helps a child learn how time passes.
- Give your child a direction (like getting dressed) and have them complete it within a given amount of time.

## Recognizing their Names

- Children should be able to recognize their given names, first, and last. A child may choose to go by their nicknames but will still need to know and respond to their given names.

## Counting

- Practice counting aloud to 30.
- Practice counting objects to 30.

## Self Help Skills

- Bathroom Etiquette
- Hygiene Skills