## Santa Clarita Valley Special Education Local Plan Area



# Early Start Program Community Resource Packet



Designed to support Families with children ages birth to 5 in the Santa Clarita Valley



Santa Clarita Valley Special Education Local Plan Area **Early Start Program** 20417 Cedarcreek St, Rm. 47, Canyon Country, CA 91351 (661) 294-5332 Fax (661) 298-3293

Dear Families,

This resource packet has been put together by the Santa Clarita Valley SELPA Early Start program to make you aware of community resources that may be available to you and your child.

Enclosed you will find a developmental milestones checklist to help you understand what your child should be working on at each developmental level, contact information for your local school districts, local community agencies that serve children ages birth to 5 in the Santa Clarita Valley, and a list of community preschools in the Santa Clarita Valley.

Please reach out to any of the agencies in the packet for additional information. You can also contact the Santa Clarita Valley SELPA Early Start program at (661) 294-5332 or the Santa Clarita V SELPA office at (661) 259-0033 ext 742. We are all here to help you and your child!



## **Developmental Milestones**

Developmental milestones are tasks or activities that most children can do by a certain age. However, children do grow and develop at different rates. Please contact your local Early Start agency or talk with your child's pediatrician if you have concerns about your child's development.

Adapted from www.cdc.gov/ncbddd/actearly/milestones/index.html

#### **2 MONTHS**

- · Calms down when spoken to or picked up
- · Looks at your face
- Seems happy to see you when you walk up to her
- Smiles when you talk to or smile at her
- · Makes sounds other than crying
- · Reacts to loud sounds
- · Watches you as you move
- · Looks at a toy for several seconds
- · Holds head up when on tummy
- Moves both arms and both legs
- · Opens hands briefly

#### **4 MONTHS**

- Smiles on his own to get your a
- · Chuckles (not yet a full laugh) when you try to make her laugh
- · Looks at you, moves, or makes sounds to get or keep your attention
- Makes sounds like "ooo" or "ahhh" (cooing)
- Turns head towards the sound of your voice
- · If hungry, opens mouth when she sees breast or bottle
- · Looks at his hands with interest
- · Holds head steady without support when you are holding her
- Holds a toy when you put it in his hand
- Uses her arm to swing at toys
- · Pushes up onto elbows/forearms when on tummy

- · Knows familiar people
- · Likes to looks at himself in a mirror
- · Laughs
- Takes turns making sounds with you
- · Blows raspberries (sticks tongue out and blows)
- Makes squealing noises
- Puts things in her mouth to explore them
- · Reaches to grab a toy he wants
- · Closes lips to show she doesn't want more food
- · Rolls from tummy to back
- Pushes up with straight arms when on tummy
- · Leans on hands to support himself when sitting

#### 9 MONTHS

- · Is shy, clingy, or fearful around strangers
- Shows several facial expressions, like happy, sad, angry, and surprised
- · Looks when you call her name
- · Reacts when you leave (looks, reaches for you, cries)
- Smiles or laughs when you play peek-a-boo
- Makes different sounds like "mamamama" or "babababa"
- · Lifts arms to be picked up
- · Looks for objects when dropped out of sight (like spoon or toy)
- · Bangs two objects together
- · Gets into sitting position by herself
- Moves things from one hand to other hand
- · Uses fingers to "rake" food towards self
- · Sits without support

- · Plays games with you, like pat-a-cake
- · Waves bye-bye
- · Calls a parent mama or dada or another special name
- Understands no (pauses briefly or stops when you say it)
- Puts something in a container, like a block in a cup
- · Looks for things he sees you hide, like a toy under a blanket
- · Pulls up to stand
- · Walks, holding onto furniture
- · Drinks from a cup without a lid, as you hold it
- Picks things up between thumb and pointer finger, like small bits of food

#### **15 MONTHS**

- · Copies other children while playing, like taking toys out of a container when another child does
- · Shows you an object she likes
- · Claps when excited
- Hugs stuffed doll or toy
- · Shows affection (hugs, cuddles, or kisses you)
- Tries to say one or two words besides "mama" or "dada" like "ba" for ball or "da" for dog
- · Looks at a familiar object when you name it
- Follows directions given with both gestures and words (gives a toy when you hold out hand & say "give to me"
- · Points to asks for something or to get help
- Tries to use things the right way, like a phone, cup, or book
- · Stacks at least two small objects, like blocks
- Takes a few steps on their own
- · Uses fingers to feed self some food

- · Moves away from parent, but looks to make sure you are close by
- · Points to show you something interesting
- Puts hands out for you to wash them
- · Looks at a few pages in a book with you
- Helps you to dress him by pushing arm through sleeve or lifting up foot
- Tries to say three or more words besides "mama" or "dada"
- Follows one step direction without any gestures, like giving a toy when you say, "give it to me"
- · Copies you doing chores, like sweeping with a broom
- Plays with toys in a simple way, like pushing a toy car
- · Walks without holding on to anyone or anything
- · Scribbles
- · Drinks from a cup without a lid and may spill sometimes
- · Feeds herself with her fingers
- · Tries to use a spoon
- · Climbs on and off a couch or chair without help

### 2 YEARS

- · Notices when others are hurt or upset, like pausing or looking sad if someone cries
- Looks at your face to see how to react in a new situation
- Points to things in a book when you ask, like "where is the bear?"
- Says at least two words together, like "more milk."
- Points to at least two body parts when you ask him to show you
- · Uses more gestures than just waking and pointing, like blowing a kiss or nodding yes
- · Holds something in one hand while using the others hand, like holding a jar and taking lid off
- Tries to use switches, knobs, or buttons, on a toy
- Plays with more than one toy at the same time, like putting toy food on a toy plate
- · Kicks a ball
- · Runs
- Walks (not climbs) up a few stairs with or without help
- Eats with a spoon

- Plays next to other children and sometimes plays with them
- Shows you what she can do by saying, "Look at me!"
- Follows simple routines when told, like helping to pick up toys when told to clean up
- · Says about 50 words
- Says two or more words, with one action word, like "Doggie run"
- Names things in a book when you point and ask, "what is this?"
- Says words like "I," "me," or "we"
- · Uses things to pretend, like feeding a block to a doll as if it were food
- Shows simple problem-solving skills, like standing on a small stool to reach something
- Follows two-step directions like "Put the toy down and close the door"
- Shows he knows at least one color, like pointing to the red crayon when you ask which is red
- · Uses hands to twist things, like turning doorknobs or unscrewing lids
- Takes some clothes off by himself, like loose pants or an open jacket
- · Jumps off the ground with both feet
- Turns book pages, one at a time, when you read to her

#### **3 YEARS**

- · Calms down within 10 minutes after you leave her, like at childcare drop off
- Notices other children and joins them to play
- Talks with you in the conversation using at least 2 back and forth exchanges
- Asks who, what, where, and why questions, like "where is mommy/daddy?"
- · Says what action is happening in a picture or book when asked, like running, eating, or playing
- · Says first name when asked
- Talks well enough for others to understand, most of the time
- · Draws a circle, when you show him how
- Avoids touching hot objects, like a stove; when you warn her
- · Strings items together, like large beads or macaroni
- Puts on some clothes by himself, like loose pants or a jacket
- Uses a fork

### **Local School Districts**

When your child turns 3, you may want to refer him/her for assessment for special education services, contact your local school district to enroll for UTK/kindergarten when your child is of age.

Castaic School District 28131 Livingston Avenue Valencia, CA 91355 (661) 257-4500 www.castaicusd.com

Newhall School District 25375 Orchard Village Road, Suite 200 Valencia, CA 91355 (661) 291-4000 www.newhallschooldistrict.com

> Saugus Union School District 24930 Avenue Stanford Santa Clarita, CA 91355 (661) 204-5300 www.saugususd.org

Sulphur Springs Union School District 27000 Weyerhaeuser Way Santa Clarita, CA 91351 (661) 252-5131 www.sssd.k12.ca.us

William S Hart Union High School District 21380 Centre Pointe Parkway Santa Clarita, CA 91350 (661) 259-0033 www.hartdistrict.org

Santa Clarita Valley Special Education Local Plan Area (SELPA) 26320 Spirit Court Santa Clarita, CA 91350 (661) 259-0033 ext. 742 www.scvselpa.org

# **Community Resources**

Agency	Services
Assistance League of Santa Clarita 26045 Bouquet Canyon Road Santa Clarita, CA 91350 (661) 255-1991	Serves children, families, the elderly and disabled individuals of SCV. Provides clothing and school supplies for children.
Boys and Girls Club of Santa Clarita Valley www.scvbgc.org Newhall: (661) 254-2582 Sierra Vista: (661) 251-6017 Wiley Canyon; (661) 857-6254 Castaic: (661) 857-5985 Old Orchard: (661) 313-9466	Focus on education, character building, and healthy lifestyles. They provide after school and summer programs for youth in the Santa Clarita Valley. Mission is to enable all young people to reach their full potential as productive, caring, and responsible students.
Bridge to Home Homeless Services 23752 Newhall Ave. Newhall, CA 91321 (661) 254-4663	Helps individuals and families in the SCV move from homelessness to housing.
California Children's Services 19420 Sierra Estates Drive Santa Clarita, CA 91321 (661) 251-0464	State public health program that provides physical therapy, occupational therapy, and other health services to medically involved children with a qualifying diagnosis.
Child and Family Center 21545 Centre Pointe Parkway Santa Clarita, CA 91350 (661) 259-9439	Provides services to children, adults, and families including counseling, education and support services, outpatient therapy, crisis intervention, parent education, and drug/alcohol treatment.
Child Care Resource Center 20001 Prairie Street Chatsworth, CA 91311 (818) 717-1000	Provides early care and education resources, child care referrals, child care financial assistance, and parenting advice.
250 Grand Cypress Avenue Palmdale, CA 93551 (661) 789-1200	

City of Santa Clarita Community Center 22421 Market Street Newhall, CA 91321 (661) 286-4006 18410 Sierra Highway Santa Clarita, CA 91351 (661) 290-2266 www.santa-clarita.com	A multi-generational center offering a variety of classes, events, and activities that are designed for the enrichment of all ages to enjoy! From specialty camps to family events, the Canyon Country Community Center is here to support the needs of our community! Come and see what all the FUN is about!
<b>College of the Canyons Early Childhood</b> <b>Center</b> 26455 Rockwell Canyon Drive Santa Clarita, CA 91355 (661) 362-3501	Committed to providing quality care and education for infants, toddlers and preschool children; modeling an exemplary developmentally appropriate and culturally sensitive learning/lab environment for families and Early Childhood Education students.
Community Advisory Committee 26320 Spirit Court Santa Clarita, CA 91350 (661) 259-0033 ext. 742 www.scvselpa.org/apps/pages/CAC	The Santa Clarita Valley CAC is composed of parent volunteers, educators, and other interested community members who want to make a difference in the education of all children. Your CAC seeks to join together parents, educators, lawmakers, service providers and others in our community with the goal of improving and protecting the education of our children with special needs. Your CAC is here to inform, empower, and support you. We invite you to join us in our quest to help others in our community.
<b>Domestic Violence Center of SCV</b> 23780 Newhall Avenue Newhall, CA 91321 (661) 259-8175	Provides a 24-hour hotline, emergency shelter for women and their children, group and individual counseling for women, and a batterer's intervention program. English and Spanish available.
Family Focus Resource and Empowerment Center 25360 Magic Mountain Pkwy Ste 150 Santa Clarita, CA 91355 (661) 294-9715 https://www.csun.edu/family-focus-resour ce-center	The center provides family support services for parents of children, from birth through adulthood, who have developmental delays or developmental disabilities.

Head Start/Volunteers of America 3600 Wilshire Blvd. Suite 1500 Los Angeles, CA 90010 (818) 980-2287 Voala.org/hs-online-applications 21545 Centre Pointe Parkway Santa Clarita, CA 91350 (661) 215-2752 24823 Walnut Street Santa Clarita, CA 91321 (661) 253-2035 Wiley Canyon Head Start 24240 La Glorita Circle Santa Clarita, CA 91321 (661) 290-2829	For children age three to five- offer early education, child development, nutrition, parenting support and preparation for elementary school. All children receive educational experiences that are developmentally, culturally, and linguistically appropriate. The focus is on readiness to move to kindergarten.
Henry Mayo Community Hospital 23845 McBean Parkway Valencia, CA 91355 (661) 200-2000 www.henrymayo.com	Community Hospital and Trauma Center offers a wide range of services including medical support, mental health resources, wellness classes and events, and community education on a variety of topics.
Hunger Defense Fund 25030 Avenue Tibbitts, Suite L Valencia, CA 91355 (661) 702 8852	Provides food, clothing, personal hygiene items, and medical supplies to those in need.
La Leche League of Santa Clarita 25718 McBean Parkway Valencia, CA 91355 (661) 714-1150 jennystriplin@yahoo.com	Helps mothers to breastfeed through mother-mother support, encouragement, information, and education.
Library- County of Los Angeles <u>www.lacountylibrary.org</u> Stevenson Ranch Library 25950 The Old Road Stevenson Ranch, CA 91381	County Library branch that offers library cards, storytime, study rooms, homework help, digital library, and activities for all ages.

<ul> <li>Library-City of Santa Clarita www.santaclaritalibrary.com (661) 259-0750</li> <li>Canyon Country Branch 18601 Soledad Canyon Road Santa Clarita, CA 91351</li> <li>Old Town Newhall 24500 Main Street Santa Clartia, CA 91321</li> <li>Valencia-Main Branch 23743 West Valencia Blvd. Santa Clarita, CA 91355</li> </ul>	Public Libraries in Santa Clarita. Offer activities and classes for babies through adults, homework help, free printing and WiFi services, passport services, and employment resources.
Los Angeles County Social Service Department 27233 Camp Plenty Road Canyon Country, CA 91351 (661) 298-3406	Provides a variety of resources including: cash assistance, job services, food and nutrition, homeless services, healthcare, seniors and persons with disabilities, and community services.
North Los Angeles County Regional Center 25360 Magic Mountain Parkway Santa Clarita, CA 91355 (661) 775-8450 www.nlacrc.org	North Los Angeles County Regional Center (NLACRC) is a non-profit organization under contract with the California Department of Developmental Services (DDS) to coordinate and provide community-based services to persons with intellectual and developmental disabilities (consumers).
Parks and Recreation and Community Services <u>www.santa-clarita.com</u> (661) 259-2489 See website for a list of all the community parks and activities near you in the Santa Clarita valley.	Offer aquatics (including swim lessons), sports and teams, PrimeTime preschool, programs, classes, community center activities, inclusion support, and community services.
Salvation Army 22935 Lyons Avenue Santa Clarita, CA 91321 1-800-SAL-ARMY www.santaclarita.salvationarmy.org	Provides food, shelter, clothing, financial assistance, disaster response, veterans services, senior services, youth services, and counseling

Samuel Dixon Family Health CenterValencia Health Center25115 West Avenue Stanford #A104Valencia, CA 91355(661) 257-2339Canyon Country Health Center27225 Camp Plenty Road, Ste 4Canyon Country, CA 91351(661) 424-1220Newhall Health Center23772 Newhall AvenueNewhall, CA 91321(661) 291-1777	Provides outpatient healthcare services, programs, health education, community resources, and referrals.
Santa Clarita Valley Food Pantry 24133 Railroad Avenue Santa Clarita, CA 91321 (661) 255-9078 www.scvfoodpantry.org	The Santa Clarita Food Pantry is dedicated to alleviating hunger in the Santa Clarita Valley by serving families and individuals of all ages living in uncertainty and seeking assistance.
Santa Clarita Valley Pregnancy Center 23838 Valencia Blvd., Suite 270 Valencia, CA 91355 (661) 255-0082	Provides free pregnancy tests, options counseling, referrals, and support groups.
Santa Clarita Valley Service Center 26111 Bouquet Canyon Road, Suites H001 & G001 Santa Clarita, CA 91350 (661) 254-0070	Central resource agency for persons overwhelmed by difficulties of a temporary nature. Provides a wide range of direct services.
Single Mothers Outreach 23780 Newhall Avenue, Suite 203 Newhall, CA 91321 (661) 288-0117	Provides opportunities for employment, job training, child care assistance, counseling, and assistance in obtaining affordable housing.
Social Security Office 27200 Tourney Road, 3 <sup>rd</sup> Floor Suite 320 Valencia, CA 91355 (800) 772-1213	Provides information to obtain a social security card, retirement benefits, disability benefits, Supplemental Security Income, and Medicare benefits.
Valley Trauma Center 25115 Avenue Stanford #B-122 Valencia, CA 91355 (661) 702-0000	Provides crisis intervention and counseling services.

Women, Infants, and Children (WIC) 18549 Soledad Canyon Rd Santa Clarita, CA 91351 (818) 898-1388 www.nevhc.org	A supplemental nutrition program for women, infants, and children that helps families by providing monthly benefits for healthy foods, nutrition education, referrals, and breastfeeding support.
YMCA 26147 McBean Parkway Valencia, CA 91355 (661) 253-3593 www.ymca.org/locations/santa-clarita-vall ey- Family-ymca	Offers aquatics, sports and recreation, early learning programs, community resources, before/after school care, as well as health and well-being.



Where every child has the right to fulfill their potential with dignity, hope, and opportunity.

#### The CAC is committed to:

Ensuring quality education for all children; Ensuring parent empowerment through education and advocacy; Ensuring collaboration between parents and schools; Ensuring access to resources and information.

The Santa Clarita Valley CAC is composed of parent volunteers, educators, and other interested community members who want to make a difference in the education of all children. Your CAC seeks to join together parents, educators, lawmakers, service providers and others in our community with the goal of improving and protecting the education of our children with special needs. Your CAC is here to inform, empower, and support you. We invite you to join us in our quest to help others in our community.





#### Through CAC, parents can...

Learn about school and community resources related to special education; Receive training and build skills through workshops; Discuss ideas and concerns with people who will listen, understand and respond; Collaborate and network with other parents; Have the opportunity for personal growth and leadership development; Receive information related to your child's disability; Engage in effective advocacy for children with special needs.

#### Get involved by...

Attending a CAC meeting... all meetings are open to the public; Apply to become a CAC member representing your child's school district; Join one of the CAC subcommittees; Help plan and organize CAC parent workshop.



Visit the Santa Clarita Valley SELPA's website for a list of CAC meetings and parent workshops here: https://scvselpa.org/apps/pages/CAC

Contact your local school district to become an official member of the CAC. Castaic Union School District Newhall School District Sulphur Springs Union School District Wm. S. Hart Union High School District

## **Community Preschools**

Bethlehem Preschool & Daycare 27265 Luther Drive Canyon Country, CA 91351 (661) 251-6027 Toni Ferrara preschool@bethlehemscv.com	Garden Patch Play School 24436 Valley Street Newhall, CA 91321 (661) 753-9023 Director: Christy
Canyon Country Preschool 18324 Soledad Canyon Road Canyon Country, CA 91387 (661)252-6384 Armand Wise	Great Beginnings 23515 Newhall Ave. Newhall, CA 91321 (661) 254-3097 santaclaritapreschool.com
Christ Lutheran Preschool 25816 N. Tournament Road Valencia, CA 91355 (661) 259-0302 christlutheranpreschool.com	Guidepost Montessori of Copperhill 25135 Rye Canyon Loop Santa Clarita, CA 91355 (747) 800 4150 guidepostmontessori.com
College of the Canyons Lab School COC Valencia Campus 26455 Rockwell Canyon Valencia, CA 91355 (661) 362-3501 COC Canyon Country Campus 17200 Sierra Highway Santa Clarita, CA 91351 (661) 362-3501	Guidepost Montessori at Plum Canyon 19141 Skyline Ranch Road Santa Clarita, CA 91350 (661) 888-4572 guidepostmontessori.com/plum-canyon
Congregation Beth Shalom 21430 Centre Point Parkway Santa Clarita, CA 91350 (661) 254-2411 Director Carol Bloom cbs-preschool.org	Gymboree Play & Music 24201 Valencia Blvd. Ste. #3402 Valencia, CA 91355 (661) 287-3890 valenciaca@gymboreeclasses.com
Creative Years Nursery School 21710 Golden Triangle Road Santa Clarita, CA 91350 661) 254-0718 creativeyears.com	Head Start-Newhall/Volunteers of America 24823 Walnut St. Newhall, CA 91321 (661) 253-2035

Head Start-Old Orchard 25141 Avenida Rondel Valencia, CA 91355 (661) 290-2829	Magic Carousel 17956 Sierra Highway Canyon Country, CA 91351 (661) 298-4065
Head Start-Santa Clarita/VOA 21545 Center Pointe Parkway Santa Clarita, CA 91350 (818) 980-2287	Montessori on Copperhill 27908 Seco Canyon Rd. Santa Clarita, CA 91350 (661) 673-5676 montessorionch.com
Head Start-Val Verde 30246 San Martinez Rd. Val Verde, CA 91384 (661) 257-9751	Montessori of North Park 28180 McBean Pkwy. Valencia, CA 91355 (661) 263-3265 montessoriofnorthpark.com
Kindercare-Canyon Country 18525 Soledad Canyon Road Canyon Country, CA 91351 (661) 251-9176 Iliana Faraldo	Montessori of Santa Clarita 27757 Bouquet Canyon Rd. Santa Clarita, CA 91350 (661) 296-0175 montessoriofsantaclarita.com
La Petite Academy-Saugus 28041 N. Seco Canyon Rd. Saugus, CA 91350 (888) 330-1458 lapetite.com	Montessori of Valencia 24925 Anza Drive Valencia, CA 91355 (661) 257-4161 montessoriofvalencia.com
Little iLeaders 28040 Hasley Canyon Road Castaic, CA 91384 (661) 383-0400 littleileaders.org Director: Wendy Ruiz	My Gym Children's Center 28331 Constellation Road Valencia, CA 91355 (661) 222-7432 mygym.com/valencia
Little Light Preschool 24551 Valley Street Newhall CA 91321 (661) 259-1515	Notre Dame Children's Academy 21705 Golden Triangle Rd #120 Saugus, CA 91350 (661) 255-0053 notredameacademyscv.com

Little Shepherd's Nursery School 24317 Newhall Avenue Newhall, CA 91321 (661) 254-2312 littleshepherdsnewhall.org Small World Preschool 26640 N. Bouquet Canyon Rd. Saugus, CA 91350 (661) 296-1155 scumc.org/small-world	Rise & Shine Preschool25222 Wiley Canyon RoadNewhall. CA 91321(661) 259-0407riseandshinepreschool.comSunshine Learning Centers27630 Newhall Ranch RoadValencia, CA 91355(661) 294-1970cadence-education.com
Sierra School (Montessori) 18047 Sierra Highway Canyon Country, CA 91351 (661) 252-6422	The Learning Experience Santa Clarita 24615 Copper Hill Drive Santa Clarita, CA 91354 (661) 360-9405 thelearningexperience.com
<b>St. Stephen's Nursery School</b> 24901 Orchard Village Rd. Valencia, CA 91355 (661) 259-8527 st-stephens-preschool.org	Tutor Time Child Care & Learning Ctr/CC 17150 Soledad Canyon Rd. Canyon Country, CA 91387 (661) 252-3144 tutortime.com
<b>Stepping Stones- Newhall</b> 26330 Friendly Valley Parkway Newhall, CA 91321 (661) 251-4469 steppingstoneschildrenscenter.net	Tutor Time Child Care & Learning Ctr./SC23041 Newhall Ranch Rd.Saugus, CA 91350(661) 263-2655tutortime.com
Sunshine Learning Centers/Cadence Academy 23720 Wiley Canyon Road Valencia, CA 91355 (661) 254-6855 cadence-education.com	Tutor Time Child Care & Learning Ctr./SR25804 Hemmingway Dr.Stevenson Ranch, CA 91381(661) 799-1990tutortime.com