

# FAMILY CONNECTIONS

LOS ANGELES COUNTY OFFICE OF EDUCATION

>>> CHILD WELFARE AND ATTENDANCE <<<

**Random**  
*Acts of Kindness Week*



In February, we celebrate Random Acts of Kindness Week from February 14th to February 20th. This week is a time to set an example for our children and encourage them to be a kind member of their school and local community. In addition, February reminds us of the importance of Career and Technical Education. When we are curious and have conversations with our children about their passions, we encourage their connection to and participation in school. This month's newsletter will highlight both of these important topics and provide you with relevant tips and resources.

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## WHAT FAMILIES NEED TO KNOW ABOUT CAREER AND TECHNICAL EDUCATION

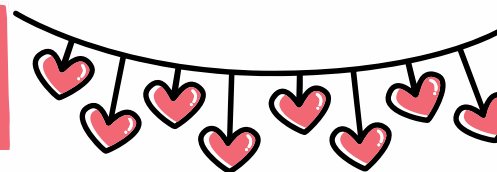
Motivation is a key factor in a student's success in schools. One way to support your child's motivation is to know their passion and what drives them. Having these conversations is the first step in knowing how you can help them reach their goals. Perhaps you discover they are interested in a particularly unique career path.

Career and Technical Education (CTE) options are always available. Did you know that Regional Occupational Centers offer alternative options for your youth? Or that middle and high school students have access to career and technical education? In addition, students can earn college credits through CTE courses. Approximately 58 career pathways are available to students who want to explore their passions and career pursuits in career and technical education. Explore some of these options by clicking on the links below:

[Regional Occupational Centers and Programs](#)

[CTE Programs](#)

## RANDOM ACTS OF KINDNESS

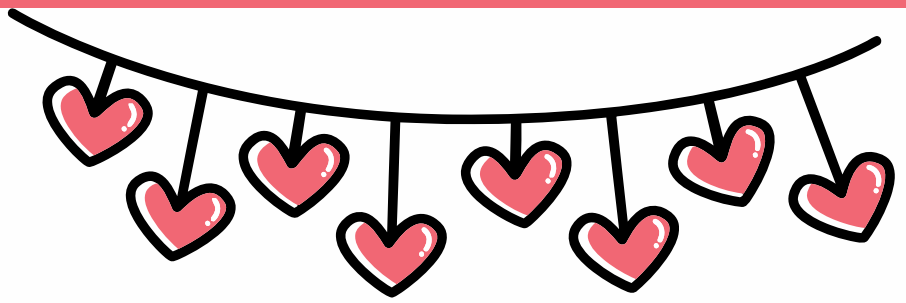


During the month of February, many schools celebrate "Random Acts of Kindness Week." It is a week when students and staff can celebrate and encourage being kind to their peers, supportive adults, and to themselves. It is also a simple and great challenge to extend such celebrations to the home environment. Highlighting acts of kindness reminds children that one small gesture can have a significant impact on the lives of others.

If your child's school does not already celebrate Random Acts of Kindness week, it is okay, you can inquire with the school's administration about the process of having it implemented in the future. In the meantime, click on the logo below for examples of ways you and your family can celebrate at home.

**RANDOM ACTS OF KINDNESS**  
FOUNDATION

# HELPFUL RESOURCES



The California Department of Education provides resources related to career and technical education, a program of study involving a multiyear sequence of courses that integrates core academic knowledge with technical and occupational knowledge to provide students with a pathway to postsecondary education and careers. Click the picture to the left for more information.



The Random Acts of Kindness Foundation provides free resources to help make kindness the norm at school, work, and home. They connect people with ideas regarding how to spread kindness via lesson plans, calendars, posters, and much more.



Kidsactivities.com is a blog designed for parents with ideas on how to celebrate random acts of kindness. Visit the site for the complete guide on how you and your family can participate in this special week.



Presidents' Day is a holiday celebrated on the third Monday of February to honor our first President, George Washington, whose birthday is February 22, and President Abraham Lincoln, whose birthday is February 12. Remember, on February 22, 2024, schools and many businesses will be closed in honor of this holiday.

# WHAT'S COMING UP NEXT MONTH?

# March

For March's family newsletter, we will highlight Social-Emotional Learning Day and Developmental Disabilities Awareness Month. We will provide helpful resources and tools on these topics as well as access to informational material to support your child along their educational journey.

**Our Mission: Maximizing the potential of each student.**



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**Los Angeles County  
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Child Welfare and Attendance

**[www.lacoed.edu/Student-Services](http://www.lacoed.edu/Student-Services)**